

# JANUARY 2019

## MARION COUNTY LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1

2

3

4

CHOICE OF PIZZA  
OR **ITALIAN DUNKERS**  
CORN  
CARROTS  
BROCCOLI

7

HOT WINGS  
OR **CHICKEN BITES**  
RANCH POTATOES  
ROASTED VEGGIES  
TOSSED SALAD  
ROLL

8

TACOS  
OR **CRISITOS**  
w/ **CHEESE SAUCE**  
LETTUCE TOMATO  
CHEESE  
SALSA  
PINTO BEANS

9

CHICKEN PARMESAN  
WITH PASTA  
TOSSED SALAD  
GREEN BEANS  
GLAZED CARROTS  
ROLL

10

CHEESEBURGER  
LETTUCE TOMATO  
OR **ANYTIMERS MEAL KIT**  
BAKED BEANS  
FRENCH FRIES  
COOKIE

11

CHOICE OF PIZZA  
OR **ITALIAN DUNKERS**  
CORN  
CARROTS W/RANCH  
TOSSED SALAD

14

CHICKEN SANDWICH OR  
**ANYTIMERS LUNCH KIT**  
LETTUCE TOMATO  
CHEESE  
FRIES  
BAKED BEANS

15

TURKEY BACON CLUB  
ON PANANI OR CHIBATA  
LETTUCE TOMATO  
CHIPS  
CARROTS/BROCCOLI  
W/RANCH

16

COUNTRY FRIED STEAK  
OR **CHICKEN FINGERS**  
MAC N CHEESE  
GREEN BEANS  
MASHED POTATOES  
ROASTED VEGGIES  
ROLL

17

BAR B QUE NACHOS  
OR **ANYTIMERS LUNCH**  
**KIT**  
LETTUCE TOMATO  
BROCCOLI W/ RANCH

18

LASAGNA  
WITH MEAT SAUCE  
CORN  
GREEN BEANS  
TOSSED SALAD  
ROLL

21



22

CHICKEN TENDER  
BURRITO OR  
**CRISITOS W/CHEESE**  
**SAUCE**  
SALSA  
PINTO BEANS  
LETTUCE TOMATO  
CHEESE

23

BAR B QUE SANDWICH  
OR **HOT DOG**  
FRENCH FRIES  
SLAW  
BAKED BEANS  
BROWNIE

24

ITALIAN DUNKERS  
W/MARINARA OR  
**ANYTIMERS LUNCH KIT**  
TOSSED SALAD  
GREEN PEAS

25

CHOICE OF PIZZA  
FRENCH FRIES  
CARROTS W/RANCH  
TOSSED SALAD

28

CHICKEN FINGERS  
MASHED POTATOES  
W/ GRAVY  
GREEN BEANS  
TOSSED SALAD  
ROLL

29

FIESTA TUESDAYS!!!  
TACO SALAD GRANDE  
OR **GRILLED CHICKEN**  
**FAJITA**  
ROASTED ONIONS AND  
PEPPERS  
SALSA  
CORN

30

CHILI OR TACO SOUP  
TOASTED CHEESE  
SANDWICH  
CORN CHIPS OR  
TORTILLA CHIPS  
BROCCOLI W.RANCH  
TOSSED SALAD

31

HOT DOG OR  
**HAMBURGER**  
CHILI AND CHEESE  
FRENCH FRIES  
SLAW  
BAKED BEANS  
COOKIE

DID YOU KNOW...  
January's gem is  
garnet which  
represents  
constancy.

OFFER VS SERVE  
MENU IS SUBJECT TO  
CHANGE  
USDA IS AN EQUAL  
OPPORTUNITY EMPLOYER

NUTRITION HINTS AND  
TIPS LISTED MONTHLY ON  
[WWW.MCBE.NET](http://WWW.MCBE.NET)

**PLEASE  
REMEMBER TO  
APPLY FOR FREE  
AND REDUCED  
PRICE LUNCHE  
AND  
BREAKFASTS IF  
YOU HAVE NOT  
DONE SO.**